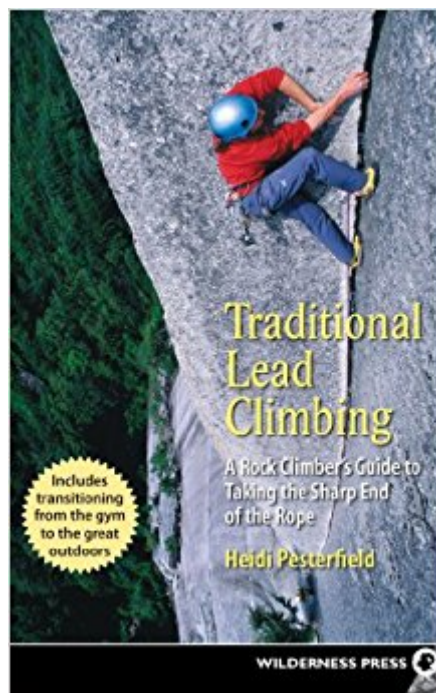




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Traditional Lead Climbing: A Rock Climber's Guide To Taking The Sharp End Of The Rope



Synopsis

Traditional Lead Climbing is the first and only guidebook intended to teach rock climbers how to lead with gear. Unlike other types of climbing such as sport and direct-aid climbing, "trad" climbing relies on placing your own gear as you climb from the ground. It's also one of the more dangerous climbing activities, where expert guidance is a must. This invaluable guide gives step-by-step descriptions of equipment, rope management, and techniques. Dozens of close-up photos and fun yet informative drawings show situations climbers might encounter and how to deal with them. In addition to covering the basics, the book showcases the experience and wisdom of a number of world-class climbers in self-revealing sidebars.

Book Information

Paperback: 288 pages

Publisher: Wilderness Press; 2nd ed. edition (July 26, 2007)

Language: English

ISBN-10: 0899974422

ISBN-13: 978-0899974422

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 18 customer reviews

Best Sellers Rank: #197,654 in Books (See Top 100 in Books) #20 in Books > Sports & Outdoors > Mountaineering > Excursion Guides #33 in Books > Sports & Outdoors > Mountaineering > Rock Climbing #217 in Books > Sports & Outdoors > Mountaineering > Mountain Climbing

Customer Reviews

[5 STARS]"...An indispensable, even life-saving, instructional guide that should be mandatory reading for anyone aspiring to become a lead climber" -- Midwest Book Review

Heidi Pesterfield lives in the Northern Sierra, where for 10 years she has been a rock climbing instructor for Alpine Skills International (ASI). Her personal climbing adventures span nearly 24 years, 22 of which involve leading traditional routes. She has climbed throughout the United States, as well as in Canada, Italy, France, and Thailand.

This book is VERY POORLY bound. I have to nearly rip the book in half to read text near the spine. After the first chapter I couldn't read it anymore. It now is being used to keep my coffee table level.

I got this as a gift but ended up reading half of it myself :P I usually have a tough time maintaining attention for "instructional" books, but this was written in easy language with some entertaining photos. It's broken up into easy sections so it doesn't feel like I'm having a bulk of paragraph to go through and dissect information from.

It's an excellent collection of lectures, since new trad climbers until oldy rock masters as Ron Kauk, that introduce in a very "clean" form the principal topics and trends of the traditional climbing. Very recommended for all climbers (sports and "trads") because the lecture is very friendly and...writted in a purist ortodhox trad style (the oldies will recogn it). I enjoyed and learned new concepts. Very uesefull in the biblio climb.

Experienced climbers may find this boring, but I highly recommend it for anyone who wants to transition to trade from another style.

I mean if your just starting out in trad this is a good book and great safety tips. You should probably get it. But its not a how to in climbing big walls in general or a how too in hauling gear. It was a good read though and did have awesome key things to know.

I am using to book for research. Most of the time I can see the climbing terrain and methods used in my head. I'm trying to apply the things one learns in rock climbing to other circumstances. Good reference book.

This felt more like a glossary of climbing rather than a climbing guide. This book is great if you have no climbing knowledge base to start from, but this book in no way prepares you for any kind of climbing. If you have no idea where to start, read this book to make yourself aware of terms and concepts and then read John Long's guide to climbing anchors and then go climbing with an experienced climber. If you're a gym climber or sport climber looking to get into trad read John Long's Climbing Anchors and then go climb with someone who is experienced and can monitor and guide you through safe climbing.

An exceptionally well-written how-to book filled with unusual subtlety and detail. Her female perspective really contributes to the importance and "newness" of this special and modern work.

Highly recommended to any climber!

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